



Indianapolis Muslim
Community Association

a simplified

Salah Guide

ARABIC - transliteration - ENGLISH

What is Salah? Salah is the second pillar of Islam — five daily prayers connecting you directly to Allah. Each prayer has a set number of rak'ahs (units). Before praying, make sure you have Wudu and face the Qiblah.

— The Five Daily Prayers

THE SALAH TIMES CHANGES FREQUENTLY
PLEASE USE AN APP FOR MORE ACCURATE TIMING

Fajr — 2 rak'ahs Dawn — before sunrise

Dhuhr — 4 rak'ahs Noon — after the sun passes its peak

Asr — 4 rak'ahs Afternoon — mid-afternoon

Maghrib — 3 rak'ahs Sunset — just after the sun sets

Isha — 4 rak'ahs Night — after twilight disappears

— Stand & Face the Qiblah

Stand upright facing the direction of Makkah. Feet shoulder-width apart. Ensure you have Wudu.

— Takbeerat al-Ihram

Raise both hands to your ears and say:

الله أكبر - Allahu Akbar "Allah is the Greatest"

— Hands on Chest & Opening Du'a

Place right hand over left on your chest. Recite the opening supplication:

سبحانك اللهم وبحمدك وتبارك اسمك وتعالى جدك ولا إله غيرك

Subhaanaka Allaahumma wa bihamdika wa tabaaraka ismuka wa ta'aalaa jadduka wa laa ilaaha ghayruk

"Glory be to You O Allah, and praise. Blessed is Your name, exalted is Your majesty, there is no god but You"

— Recite Surah Al-Fatiha

Seek refuge in Allah, say Bismillah, then recite Al-Fatiha — obligatory in every rak'ah. After it, say Ameen and recite a short Surah (e.g., Al-Ikhlās)

— Ruku — Bow Down

Say Allahu Akbar, bow with back straight, hands gripping knees. Say three times:

سبحان ربي العظيم

- Subhaana Rabbiyal-'Adheem -

"Glory be to my Lord, the Most Great"

— Rise from Ruku

Stand up straight and say:

سمع الله لمن حمده ، ربنا ولك الحمد

- Sami'Allahu liman hamidah, Rabbanaa wa lakal-hamd -

"Allah hears the one who praises Him. Our Lord, to You is all praise"

— First Sujood — Prostrate

Say Allahu Akbar and go down. Forehead+nose, both palms, both knees, both toes on ground. Say 3×:

سبحان ربي الأعلى

- Subhaana Rabbiyal-A'laa -

"Glory be to my Lord, the Most High"

— Sit Between Prostrations

Say Allahu Akbar, sit on your left foot with right foot upright. Say:

رب اغفر لي

- Rabbigh-fir lee -

"My Lord, forgive me"

— Second Sujood

Say Allahu Akbar, prostrate again. Say Subhaana Rabbiyal-A'laa three times. This completes one rak'ah!

— Stand for Next Rak'ah

Say Allahu Akbar and stand up for the next rak'ah. Repeat from Al-Fatiha. After every 2 rak'ahs, stay seated for Tashahhud.

— Tashahhud — Sitting Testimony

After every 2 rak'ahs, sit and recite At-Tahiyyat. Point your right index finger during the testimony:

التحيات لله والصلوات والطيبات

- At-tahiyyaatu lillaahi was-salawaatu wat-tayyibaat -
"All greetings, prayers and good things are for Allah"

— Tasleem — Turn Right

In the final rak'ah, after Tashahhud and Salawat, turn your head to the right and say:

السلام عليكم ورحمة الله

- As-salaamu 'alaykum wa rahmatullaah -
"Peace and mercy of Allah be upon you"

— Tasleem — Turn Left

Turn your head to the left and repeat:

السلام عليكم ورحمة الله

- As-salaamu 'alaykum wa rahmatullaah -
"Peace and mercy of Allah be upon you"

— Recommended Apps



Athan: Prayer
Times & Al Quran



Athan+



Tarteel: Al Quran
Memorization



Quran by Quranly